

# Quest Food Management

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Recipe

Dec 2, 2015

Recipe: 002299 bread-pretzel stick

Recipe HACCP Process: #2 Same Day Service

Recipe Source: nslp

Recipe Group: BREAD/ROLLS/STARCH

Alternate Recipe Name:

Number of Portions: 1

Size of Portion: each

903732 bread- pretzel rod gfs 607940....	1 each	<b>CCP:</b> Heat to 135° F or higher. follow box instructions.
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\*Nutrients are based upon 1 Portion Size (each)

Calories	70	kcal	Cholesterol	0.00	mg	Sugars	0.00	g	Calcium	0.00	mg	6.43%	Calories from Total Fat
Total Fat	0.50	g	Sodium	65.00	mg	Protein	2.00	g	Iron	0.72	mg	0.00%	Calories from Saturated Fat
Saturated Fat	0.00	g	Carbohydrates	14.00	g	Vitamin A	0.00	IU	Water <sup>1</sup>	0.00	g	0.00%	Calories from Trans Fat
Trans Fat <sup>2</sup>	0.00	g	Dietary Fiber	1.00	g	Vitamin C	0.00	mg	Ash <sup>1</sup>	0.00	g	80.00%	Calories from Carbohydrates
												11.43%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

<u>Miscellaneous</u>		<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	oz		Y - Wheat		? - Milk
Grain.....	1.000 oz				? - Egg
Fruit.....	cup				? - Peanut
Vegetable.....	cup				? - Tree Nut
Milk.....	cup				? - Fish
<b><u>Moisture &amp; Fat Change</u></b>					? - Shellfish
Moisture Change.	0%				? - Soy
Fat Change.....	0%				
Type of Fat.....					

## Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	903732	bread- pretzel rod gfs 607940			

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.